

HAMMER WIRE LENGTH CHART

IMPORTANT NOTES:

MAX LENGTH OF A 4KG, 3KG, AND 2KG HAMMER IS 119.5CM

MAX LENGTH OF A 10LB, 12LB, 14LB, 15LB, 16LB, 17LB, 18LB, 20LB, AND 6KG HAMMER IS 121.5CM

MAX LENGTH OF A 5KG HAMMER IS 120.0CM

FIRST PLACE IRON HAMMERS

	<u>FP</u> <u>steel</u>	<u>FP alum</u> <u>str</u>	<u>FP alum</u> <u>curve</u>	<u>polanik</u>	<u>berg</u> <u>str</u>	<u>berg</u> <u>curve</u>	<u>ucs</u> <u>str</u>	<u>ucs</u> <u>curv</u>
<u>2kg (81mm)</u>	39	39.25	39.25	39.25	39.25	39.25	39.5	39.5
<u>3kg (92mm)</u>	38.5	38.75	38.75	38.75	38.75	38.75	39	39
<u>4kg</u> <u>(101mm)</u>	38.25	38.5	38.5	38.5	38.5	38.5	38.75	38.75
<u>10lb</u> <u>(107mm)</u>	39	39.25	39.25	39.25	39.25	39.25	39.5	39.5
<u>5kg</u> <u>(109mm)</u>	38.5	38.75	38.75	38.75	38.75	38.75	39	39
<u>12lb</u> <u>(112mm)</u>	38.5	38.75	38.75	38.75	38.75	38.75	39	39
<u>6kg</u> <u>(116mm)</u>	38.25	38.5	38.5	38.5	38.5	38.5	38.75	38.75
<u>14lb</u> <u>(119mm)</u>	38	38.25	38.25	38.25	38.25	38.25	38.5	38.5
<u>16lb</u> <u>(124mm)</u>	37.75	38	38	38	38	38	38.25	38.25
<u>18lb</u> <u>(129mm)</u>	37.75	37.75	37.75	37.75	37.75	37.75	38	38
<u>20lb</u> <u>(129mm)</u>	37.75	37.75	37.75	37.75	37.75	37.75	38	38

FIRST PLACE CHAMPIONSHIP HAMMERS

<u>4kg (95mm)</u>	38.5	38.75	38.75	38.75	38.75	38.75	39	39
<u>12lb</u> <u>(103mm)</u>	38.75	39	39	39	39	39	39.25	39.25
<u>16lb</u> <u>(110mm)</u>	38.5	38.75	38.75	38.75	38.75	38.75	39	39
<u>16lb</u> <u>(115mm)</u>	38.25	38.5	38.5	38.5	38.5	38.5	38.75	38.75

POLANIK CHAMPIONSHIP HAMMERS

<u>4kg (95mm)</u>	38.5	38.75	38.75	38.85	38.75	38.75	39	39
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<u>5kg</u> <u>(100mm)</u>	39.5	39.75	39.75	39.75	39.75	39.75	40	40
<u>6kg</u> <u>(105mm)</u>	39	39.25	39.25	39.25	39.25	39.25	39.5	39.5
<u>16lb</u> <u>(110mm)</u>	38.5	38.75	38.75	38.85	38.75	38.75	39	39